

My great friends let this not come to you as

a **surprise,**

but it's *real*

have them **living** around us and

in our neighbourhood today,

we can change it with **prayers**, and

always lending a **helping hand** to those in **need**.

**Don't** keep this email to yourself,



forward it to your friends, so our friends and all people will

**thank NATURE** for **food** and **water** that they already  
have.

This is one more reason

**why** we have to **thank God** for the food that

we can have easily...

But in the **otherhand... ironically,**

we still **waste** the food that we **buy**.

I feel very **GRATEFUL** for



what I have **today**...

We are so **Blessed** for the **wonderful** works of

**NATURE'S** hand in our **life** today,

just think of this....

"I felt very **fortunate** to live in this part of the **world**."

I **promise** I will **never** waste my food no matter

how **bad** it can taste and how **full** I may be.

I **promise** not to waste **water**.



I **pray** that this little boy be **alleviated** from

his **suffering.**

I **pray** that we will be more sensitive towards the suffering

in the **world** around us and

not be **blinded** by our own selfish nature and interests.

I **hope** this picture will always serve as a reminder to us

about how **fortunate** we are and

that we **must** never ever take things for granted.



Think & look at this... when you complain about your food and  
the food we waste daily..."

**MAY ALL HUMAN BEINGS BE FREE FROM  
SUFFERING!!!!**

**Please** don't break this,  
keep on forwarding it to all our friends.

On this good day,  
let's make a **prayer** for the **suffering** in any place around  
the globe and **send** this friendly reminder to others.

**PLEASE,**

**PLEASE,**  
MY GREAT FRIENDS,

**PLEASE,**  
MY GREAT FRIENDS,  
DON'T BREAK THIS CHAIN,

**PLEASE,**

MY GREAT FRIENDS,  
DON'T BREAK THIS CHAIN,  
KINDLY SEND IT TO SOMEONE YOU LOVE,

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TO ENABLE HIM OR HER SEE WHAT GOD



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MY GREAT FRIENDS,  
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KINDLY SEND IT TO SOMEONE YOU LOVE,  
TO ENABLE HIM OR HER SEE WHAT NATURE  
HAS DONE IN HIS/HER LIFE COMPARED

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KINDLY SEND IT TO SOMEONE YOU LOVE,  
TO ENABLE HIM OR HER SEE WHAT NATURE  
HAS DONE IN HIS/HER LIFE COMPARED  
WITH THESE KIDS' DEPLORABLE

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TO ENABLE HIM OR HER SEE WHAT NATURE  
HAS DONE IN HIS/HER LIFE COMPARED  
WITH THESE KIDS' DEPLORABLE  
CONDITIONS.